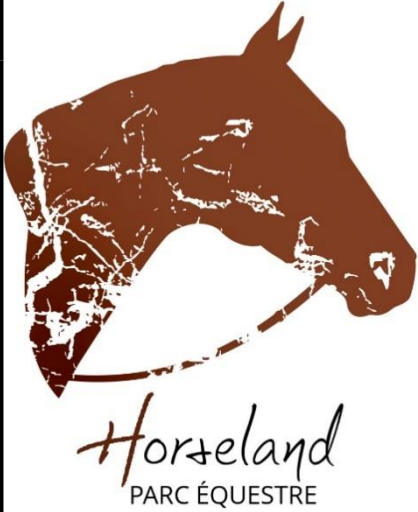


PRESENT HIS COACH

HELENE TREMBLAY



Helene Tremblay From her beginnings as a rider in a riding school, Helene knew that horses would hold a very important place in her life.

From marveling little girl to competition rider, she was one day able to fulfill her dream of having her very own farm, where she saw the birth of a few foals. Later, as a mother, then a "competition mother", she volunteered with her regional association, which led her to complete three terms as administrator of the Federation equestre du Quebec (today Cheval Quebec). In 1996, she participated in the creation of the Quebec Equestrian Games.

At the beginning of the 2000s, having become a certified instructor and judge in classic horse riding, hunting and show jumping, she discovered the "ethological current", and became passionately interested in it. "To create a partnership with the horse, to learn to work with its nature, to value communication rather than control", she had discovered her mission: to help horses to be better understood and thus, to improve their life in the world of humans.

Since then, she organizes and participates in numerous training, courses and clinics, and occasionally welcomes horses to her home in training or in preparation for breaking in. She has more than a thousand hours with certified Parelli instructors and holds level 4 in ground know-how. A clinician and speaker herself (she contributed for several years to the Salon du Cheval), she now offers virtual training on horse language and human-horse communication.

Her goal is to make the link between these different environments where she has worked throughout her career, in order to make horse lovers aware of the need to respect them, both physically, mentally and emotionally. She wants to make the "horse's point of view" known to all horse enthusiasts, whatever their discipline.



Helene and Ming a member of her herd



Helene and her mare DeeDee

GOOD LEARNING EVERYONE !